Sara Falsini obtained her degree in Biology (2010) and a Ph.D. in Biomedical Science (2014) at the University of Florence, Italy. The expertise acquired during her Ph.D. thesis is on (i) cell and molecular biology, (ii) preparation and characterization of lipid-based vectors for delivery of bioactive molecules. Her personal skills thus extend from cell culture handling to Physico-chemical methods for the study of nanosystems. In latest years she has approached the sustainability field and has taken part in a H2020 project on eco-compatible procedures (MEDEAS). She is also involved in sustainable nanopolymer design to deliver bioactive compounds in plants.